



A leading academic and professional institution

Trust Academy goes beauty

A new exciting Beauty Therapy course introduced

Trust Academy has introduced a new exciting and internationally recognized course in Beauty Therapy which ranges from certificate up to diploma level.



A practical room with all equipment in place ready for

The City and Guilds qualification in Beauty and Therapy comprises of an International Beauty Therapy and Nail Technology diploma(6 months), two

months body treatment certificate (massage and waxing), facial certificate and nail care certificate.

These courses carry practical

and theory sessions.

One of the project facilitator, Ntokozo Dube revealed that her in ward appreciation of beauty has aroused her desire to come up with such an initiative.

“To me beauty is from within and beauty therapy is my passion,” enthused Ntokozo.

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Trust Academy targets school heads

Trust Academy has recently trained school heads in ICDL course from the 26 to the 30th of April as its quest to revolutionize the information and communication technology sector takes a new dimension.

barked on an International Computer Driving License(ICDL) training programme that will see scores of school heads benefiting immensely from the initiative.

Traditionally, the insti-

tution has been targeting students but it has of now take a multifaceted approach towards ICDL training as school heads are the latest to be roped in.

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Trust Academy has em-

Trust Academy goes beauty *-from page 1*

Commenting on the merits of the course to graduates, Ntokozo revealed that a career in beauty therapy help serve as a prescription of eradicating poverty.

“A career in beauty therapy will equip students with the capacity to establish their own businesses as they will combine the practical and entrepreneurship skills acquired.

Given the high unemployment rate facing the country, the programme is a form of empowerment to students in their entire life,” said Ntokozo.

A visit to the practical room revealed that all is in place for the programme to kick off.

The room has adequate and top of the range equipments that will make the practical sessions out of the ordinary.

Registration is in progress and there is excitement about the course if judging by enquiries is to go by. Lectures are set to commence on the 8th of June with both day and evening classes accommodated.

Ntokozo highlighted that the timetable would be reviewed in future to slot in weekend sessions after carrying an assessment of number of potential students interested in those classes.

“So far we will have day and evening classes only until a time when the number of those who have interest in weekend classes increases,” Ntokozo said.

Trust Academy attains ABE accreditation

Trust Academy has been accredited by the Association of Business Executives (ABE) body to deliver its educational programme, a move that represents the training for excellence guys’ continuous conquest in the educational safari.

The institution with various accreditations from local, regional and international professional boards under its umbrella, has defied all odds in its endeavor of claiming an ace position in providing quality academic and professional education in the country.

The Senior Business School Lecturer, Mr H Mbindi, was excited by the ABE accreditation and revealed that it signals a positive epoch to the



Mr Mbindi displaying ABE accreditation certificate

institution and students as it automatically qualifies the institution to receive education support in the form of learning resources from the body.

“After successfully meeting the requirements of the ABE body, we are now in a position to re-

ceive education support in the form of study manuals, text books and learning materials,” said an elated Mbindi.

Companies have of late shown a growing interest in ABE courses as it keep pace with the fast moving business world, reflecting the latest and most relevant educational thinking.

ABE qualification reflects the very latest industrial standards as it takes a practical approach to learning and gives students skills to make areal difference in the workplace.

Play your part in the recovery of Zim's well being, accounting graduates urged

Accountants should put into practice knowledge attained during training to help in the recovery and sustenance of Zimbabwe's economy, said guest of honour Professor Simbi at SAAA graduation ceremony held on the 8th of May.

Speaking at the colourful Southern Africa Association of Accountants (SAAA) graduation ceremony of accountants and technicians who completed diplomas and higher diplomas, guest of honour Chinhoyi University of Technology's Pro-Vice Chancellor, Professor Simbi said it was imperative for graduates to play their part in the recovery and sustenance of Zimbabwe's economy.

"The nation right now is in dire need of competent accountants hence you should play your part in the recovery and sustenance of Zimbabwe's wellbeing.

Your admissions heralds a journey in the development of your career as you will take up various job opportunities in different organisations," Prof Simbi told graduates.

Speaking at the same occasion,



Part of SAAA graduates at the ceremony

SAAA President, Mr Kasiwa spells out his board's expansion map that will witness the transformation of SAAA into one of the best accounting training boards in the Southern African hemisphere.

"By training competent and fully qualified accountants and technicians, we are playing our part in the development of the country's economy. We are striving to ensure that we become a world class board in accounting training and skills development.

Despite having centres in Zimbabwe we are also found in other regional countries such as South Africa and Botswana. Plans are at an advanced stage to open up centres in Zambia and Malawi," enthused SAAA President Kasiwa.

The occasion witnessed accountants and technicians who completed their diplomas and higher diplomas accorded their certificates with the SAAA board. Various outstanding students were awarded prizes of

excellence in the different subject categories and also in the best student in each part category.

Trust Academy provided a considerable number of outstanding students. Trust Academy duo of Dirani Tapiwa and Tatenda Chigugudhlo scooped double prizes. Tapiwa emerged the best in Human Resources and in overall Part I performance while Tatenda was superlative in Cost Accounting and Marketing.

Tapiwa was on cloud nine while Tatenda was over the moon as the duo embraced each other to the delight of many.

There was an aura of excitement and joy as relatives of graduates were ululating and whistling while some broke into song and dance cheering up the newly conferred accountants.

*To the graduates we say
Congratulations, Makorokoto, Amhlophe*

Trust Academy targets school heads - *from pg 2*

This programme will witness many school heads who for long have been deprived of such a highly vital course.

One of the programme facilitator, Miss Mhute revealed that 13 school heads have already benefited from the programme.

“So far thirteen school heads from Harare and Norton have already undergone training in ICDL and we are intending to spread the programme to other communities,” Mhute said.

The initiative was borne out of the desire to ensuring that school heads could be in a



School heads learning the stuff

better position to manage information storage and networking.

“It’s meant for them to promote successful implementation of communication and it is our understanding that they will propagate the skills for the benefit of the school, community and nation at large,” said Mr Mapondera, the programme facilitator.

One of the participant, Mr D Machoko of Marlborough High, applauded Trust Academy for coming up with such an ICT focused programme which has proved to be of immense benefit to participants, schools and nation at large.

School heads from various schools which include Queen Elizabeth, Marlborough High, St Peters High, Highfield 2, Highfield Mukayi, Glen View 3 High, Dzivarasekwa 1 High, Louis Mount Batten, Kuwadzana 1 High, Budiro 1 High, Highfield Mhuriimwe, St Peters Kubatana VTC and Dudley Hall Primary partook in the ICDL training course.

High school to launch an annual magazine

High School is bracing up for the launch of an annual magazine that is expected to hit the campus by September, a move described by many students as an awesome experience.

The man behind the project, Mr Mangere revealed that plans are underway for the launch of the annual school magazine that will explore the life of academic students.

“We are only left with some few modalities, but I promise students if everything goes according to plan, the annual school magazine will hit the campus sometime in September.

We want to provide an exciting interactive platform where students will have the chance to share their views in different matters of academic life,” said Mr Mangere.

The project coordinator, Mr Mangere further highlighted that a magazine editorial team has already been dispatched to cover different sections of student life which include sport, social issues, poems and short stories among a variety of issues.

Meanwhile, Mr Mangere is appealing to various departments to assist in this youth initiative for it to be a success.

A career guide in beauty therapy

What is beauty therapy?

Beauty therapy is a treatment necessary for every individual to treat the human body, to clean the blood from toxins, treat muscles pain, helps the mind to relax from stress, treat the skin, treat nails for both hands and feet, hair removal and above all boost self esteem and confidence.

The thrust being when one has a beauty treatment they should leave feeling different and positive about themselves.

Beauty therapy involves anatomy and physiology:-

Anatomy which is the study of the structure of the body.

Physiology which is the study of how the body parts work and the ways in which they cooperate together to maintain life and health of an individual.

Pathology which is the study of abnormalities and how they affect the human body that's why a therapist goes through medicals to learn how to do CPR and general medical problems people face and how to solve them when they come for treatments in the beauty

salon. This also involves using machines like high frequency, faradic, galvanic, steamers etc these machines are used for different purposes and on different areas on the body.

Why beauty therapy course?

Beauty therapy course can be a means of SELF sustainable development and a career. By this students will learn new ways to empower themselves and yet adhere to social norms that are fruitful.

That's why beauty therapy courses, certificates and diploma are going to be offered here at trust academy on a professional level.

The course will teach students how do:-

Massages:- A treatment for the muscles of the body using different techniques products, and oils, to relive stress, treat depression, muscle pain etc.

Waxing:- A treatment for removing unwanted hair out of the hair follicle any where on the body except the head because it might cause bleeding, though its not permanent because the root of the hair is not completely destroyed, but will last longer than shaving.

Waxing is done using hot wax

which is made from bees wax and cold wax which is sugaring with strips.

This will be a Body Treatment Certificate – 2 Months

Facials:- A treatment for facial skin to normalize the oils and skin tone. Though the facial skin has a defense organ it can be weakened by the chemicals or products and the weather.

Make up:- A treatment with art and cosmetics done on the face to cover imperfections, enhance beauty, going to an occasion etc

This will be Facial Treatment Certificate- 2 Months

Manicure:- A treatment done on the hands to groom hands and nails, for an occasion, to treat nails from nail disorders. Nails also tell a character of an individual.

Pedicure:- A treatment done to the feet to remove dead skin cells and grooming toe nails. It also relives tired and aching feet as the feet carries the most pressures of the body. The feet can be said as the main house of the body.

Artificial Nails:- A treatment done on the natural nails to improve the natural nail. This is usually done by women to reconcile damaged nails, for occasions, to protect the

A haven for mental health services

Counseling plays a pivotal role in the enhancement of a conducive learning mood amongst students.

A survey around campus revealed that a considerable number of professional and academic female students are benefitting from the psycho-social support offered by the senior woman, Mrs Gumunyu, whose office has of late become a haven for most burdened and stressed students.

Mrs Gumunyu however feels comfortable with the new psychiatric role she is playing arguing that it has become her innermost desire to instill a learning mood amongst students.

“Offering psycho-social support has now become a passion to me and I now feel obliged to offer such support as it refreshes students’ minds thereby instilling a learning mood,” enthused the senior woman.

Many students are faced with many psycho-social problems which emanates from physical, emotional and psychological abuse which if not addressed have a negative bearing on the student’s behavior in class and their overall performance in class.

Thus students’ learning capabilities are thrown into drain if they lack counseling and guidance to



Mrs Gumunyu

motivate them to overcome such tribulations.

School mental health services are integral to student success. Mental health is as important as physical health to children’s quality of life and directly impacts their learning and development.

Children cannot learn effectively if they are struggling with a mental health problem, such as depression, or feel overwhelmed by academic, social or family pressures.

It is important to recognize that mental health is not simply the absence of mental illness; it also means having the skills necessary to cope with life’s challenges.

Students, families, schools, and society at large benefit when schools meet the needs of the whole child by fostering social-emotional skills and identifying and preventing mental health problems early. Research demonstrates that students who receive social-emotional sup-

port and prevention services achieve better in school.

School leaders who recognize the relationship between student success, good schooling/instruction, and comprehensive school health programs that include attention to students’ mental health will more effectively improve student and school outcomes.

Children with emotional disturbances may fail academically, be socially rejected and have a poor self image. They may also have difficulties in relating to peers or adults and may have little respect for the laws of their society.

Academic failure and social rejection often have lasting consequences because the failure to learn in school limits a person’s chances to succeed in the future.

Such children are more likely to drift from mainstream society and become targets for unemployment, homelessness or other symptoms of social dysfunctioning.

Mental health programme in schools result in higher school attendance rates, enhanced academic success, less school drop-out and reduced criminal behaviour. Mental health education has reduced drug use, alcohol consumption and cigarette smoking in children and adolescents.

The battle of upcoming stars at Visitation

New kits fail to inspire victories

There was a hive of activity at Visitation High in Domboshava on Saturday the 15th of May when schools held their sports gala.

Fourteen schools converged for the day long sports festivities that brought together the best sporting talents from various schools.

The hosts were joined by Trust Academy, Churchill, Mazowe High, St Francis of Assisi, Goromonzi, St Ignatious, St Dominics, Monte Cassino, St George's, Chipadze High, Parirewa High, Murehwa High and St Paul's Musami Mission.

The Sports director, Mr Rusike, said that the schools competed in volleyball, boys and girls soccer, netball, basketball and chess.

All participating teams from Trust Academy were putting on new kits. However, the new kits failed to inspire the teams to victories as they played below expectation.

In basketball boys lost to Chipadze and Visitation while the girls were outclassed by Monte Casino. The sports director however praised the teams for their performances



Trust Academy netball player wrestle for ball possession in a match against Murehwa High

which he said were encouraging when putting into consideration the fact that the teams trained in a pitch where there were no baskets.

He also blamed poor and incompetent officiating as a major setback on the teams' performances.

Though girls' volleyball team played quite well they lost to San Francis of Assisi, Visitation and Mazowe.

The netball team played very well but lucky was not on their side as poor officiating handed over a point edge advantage to Murehwa.

In soccer the boys fail to rise to the occasion losing all of their matches. The sports director, however, played down the poor show of the boys blaming inadequate training as the major cause of

the loses.

"We only have our training sessions two Fridays and when considering matches of such magnitude that was barely enough," elucidated Mr Rusike.

Meanwhile the girls' soccer managed to record a draw against Monte Casino but were unfortunately dismissed by Chishawasha.

The chess team displayed a remarkable performance which saw them reaching the quarterfinals after outclassing Mazowe and Parirewa in the group stages.

On a lighter note all the teams were thrilled by their new kits. However the soccer kit was inadequate as it provided for only 12 players instead of 18 and there were some queer number labeling on some of the jerseys.

A career guide in beauty therapy –from pg 5

-the nail from splitting.

This will be a Nail Certificate – 2 Months

In these certificates students will also learn:-

- Ethics, grooming, sanitation and business awareness
- Pathology ,anatomy and physiology
- Diet and nutrition
- Product knowledge
- Contra indications to treatments
- Advice to give to clients

We intend to hold workshops and seminars that will offer students the opportunity to learn, teach, inspire, and be inspired, also to explore the potential of performances and approach to unleash and nurture skills within participants.

Speakers in different respects will be invited often to address and hold lectures with students. The department will also be organizing site visits or

trips for students to learn new treatments about beauty therapy. There will be provoking plenary of invitations of medicals like MARS, dietitians, gym instructors etc to offer thought, in depth breakout sessions for strategic development, simulation games to fast track learning, capacity and skill building session and provide plenty space and opportunity for informal networking and alliance building.

Diploma

Students can also do a FULL DIPLOMA under CITY & GUILDS which includes all the certificates and medical aid services. It will be 6 MONTHS LONG.

When

The course will start on the 8th of June 2010

Who should enroll?

The course will be an open entry to everyone with at any 'O'levels as long as there is English.

Rationale

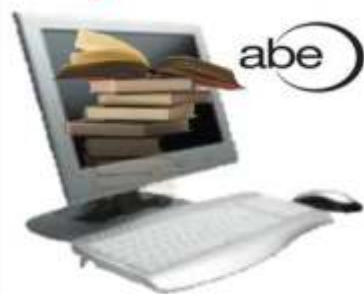
To equip, train, inspire, and facilitate students with knowledge, skill, experience, self awareness and acumen to believe in themselves so that they can be self sufficient and self depended through self employment.

Objectives and benefits

- Promote beauty therapy through training service
- Promote economic self reliance and the need to play a constructive role in the community and poverty eradication
- The creation of this department may be considered as a contribution towards achieving goal number three of the education for all process by providing both young and adults to access quality life skill

The school will enjoy the advantages that will be brought by good image and status as a result of offering variety of courses at a professional level

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